| April Track Practice Schedule 2024 | | | | | | |
|------------------------------------|---|---|---|--|--|------------|
| | Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 | Saturday 6 |
| | Spring Break | Spring Break | Spring Break | Spring Break | Spring Break | |
| Sunday 7 | Monday 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 | Saturday 1 |
| | Practice at the Track 3:15 - 5: 15 | Middle School Invitational @ Wilson Hall / Varsity Practice 3:15 - 5:00 | Home Meet: Report 2:45 / Begin 3:30 | Practice at the Track 3:15 - 5: 15 | Practice at the Track 3:15 - 4: 30 | |
| Sunday 14 | Monday 15 | Tuesday 16 | Wednesday 17 | Thursday 18 | Friday 19 | Saturday 2 |
| | Practice at the Track 3:15 - 5: 15 | Practice at the Track 3:15 - 5: 15 | Home Meet: Report 2:45 / Begin 3:30 | Region Qualifiers Practice at the Track 3:15 - 5: | Region Qualifiers Practice at the Track 3:15 - 4: 30 | |
| Sunday 21 | Monday 22 | Tuesday 23 | Wednesday 24 | Thursday 25 | Friday 26 | Saturday 2 |
| | Region Qualifiers Practice at the Track 3:15 - 5: | Region Meet Report: 2:45 / Begin 3:45 | State Qualifiers Practice at the Track 3:15 - 5: 15 | State Qualifiers Practice at the Track 3:15 - 5: 15 | State Qualifiers Practice at the Track 3:15 - 4: 30 | |
| Sunday 28 | Monday 29 | Tuesday 30 | Wednesday 1 | Thursday 2 | Friday 3 | Saturday 4 |
| | State Qualifiers Practice at the Track 3:15 - 5: 15 | State Qualifiers Practice at the Track 3:15 - 5: 15 | State Qualifiers Practice at the Track 3:15 - 5: 15 | State Qualifiers Practice at the Track 3:15 - 5: 15 / Senior Walk 5:30 | State Meet @ Home | |

Practices may be moved to the upper campus gym/weight room due to weather. This will be relayed to students via google classroom and announcements at school.